

I. WELLNESS GOALS

GOAL: NUTRITION PROMOTION <i>Increase access to nutritious meals to all students</i>	2018-2019		2019-2020		2020-2021	
	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action
<input type="checkbox"/> Increase breakfast participation through the EAT Breakfast Program at schools that qualify at 70% or higher free and reduced.	7	7	11			
Comments: 18/19 – 7 schools are completed with grant money available for additional sites to begin in 2019-2020 school year.						
<input type="checkbox"/> Increase snack participation by promoting after school snack access at schools that qualify at 50% or higher free and reduced.	21	4	21			
Comments: 18/19 – Only 4 schools successfully implemented due to unexpected issues. These will be evaluated and find solutions for in 2019-2020 SY. Snacks will also be considered as replaced with the dinner program when ADE makes it available to NSLP programs.						
GOAL: NUTRITION EDUCATION <i>Increase nutrition education opportunities in classrooms and to adults teaching nutrition to students</i>	2018-2019		2019-2020		2020-2021	
	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action
<input type="checkbox"/> Provide nutrition education to sports teams at the high schools	7	2	7			
Comments: 18/19 – Met with several teams at Ironwood and Cactus. Need to continue to reach out to the other high schools.						
<input type="checkbox"/> Provide nutrition education and strategies to teachers and other staff providing training in nutrition education.	39	39	39			
Comments: 18/19 – Nutrition education provided to all nurse and PE teachers at high school and elementary schools. Strategies for nutrition education still needs implementation.						
GOAL: PHYSICAL ACTIVITY <i>Increase student activity in the classroom to promote better learning</i>	2018-2019		2019-2020		2020-2021	
	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action
<input type="checkbox"/> Teachers provide students with periodic opportunities to be physically active or to stretch in the classroom throughout the day on all or most days during a typical school week.	39	0	39			

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Comments: 18/19 – Food and Nutrition has not gathered or implemented these strategies yet. Some teachers are doing it, but it is not consistent throughout the district.						
<input type="checkbox"/> Provide teachers with resources, tools, and technology with ideas for classroom physical activity breaks.	39	0	39			
Comments: 18/19 – Food and Nutrition has not gathered or implemented these strategies yet.						
<input type="checkbox"/> Assess and implement safe accessibility to the school campus by students and parents	13	13	13			
Comments: 18/19 – Safety assessments have been completed on a third of the schools in the district. A third of the district is evaluated each year.						
GOAL: OTHER ACTIVITIES THAT PROMOTE STUDENT WELLNESS <i>Provide school nutrition enrichment at school and district events to increase awareness of school nutrition and provide nutrition education</i>	2018-2019		2019-2020		2020-2021	
	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action	# schools working on this action	# schools successfully completing this action
School Sponsored Events						
<input type="checkbox"/> Include the Food and Nutrition Department in schoolwide events (turkey trots, carnivals, wellness events)	39	2	39			
Comments: 18/19 – Food and Nutrition participated in one school’s turkey trot providing nutritious snacks and education. They also participated in one school’s carnival. More involvement will be encouraged through manager participation at these events.						
<input type="checkbox"/> Include the Food and Nutrition Department in districtwide events (wellness fair, PSBN, Facebook)	1	1	1			
Comments: 18/19 – Food and Nutrition participated at the wellness fair and arts festival. Increased posts were included on Facebook. PSBN commercials have not been started yet.						

II. DISTRICT POLICIES

DISTRICT POLICY: SCHOOL MEALS STANDARDS <i>The school meal standards will meet the New Meal Pattern requirements and promote a variety of fruit and vegetable consumption, including fresh fruits and vegetables.</i>	2018-2019	2019-2020	2020-2021
	% of schools in compliance	% of schools in compliance	% of schools in compliance

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<input type="checkbox"/> All schools in the district participate in the National School Lunch Program.	100		
<input type="checkbox"/> Lunch meals served meet the new meal pattern requirements including minimum requirements for fruits, vegetables (and subgroups), whole-grain rich foods, meat/meat alternates and 2 varieties of milk.	100		
<input type="checkbox"/> All schools in the district participate in the School Breakfast Program.	100		
<input type="checkbox"/> Breakfast meals served meet the new meal pattern requirements including minimum requirements for fruits/vegetables, whole-grain rich foods, and 2 varieties of milk.	100		
<input type="checkbox"/> Fresh fruits and vegetables are offered every day and a variety is offered throughout the week to promote increased consumption	100		
<input type="checkbox"/> Menus are created and reviewed by a Registered Dietitian	100		
<input type="checkbox"/> Free, potable water is available to all students during the meal period.	100		

DISTRICT POLICY: COMPETITIVE FOOD AND BEVERAGES (FOOD SOLD TO STUDENTS) <i>Competitive foods and beverage sales meet Smart Snack regulations and district policy</i>	2018-2019	2019-2020	2020-2021
	% of schools in compliance	% of schools in compliance	% of schools in compliance
<input type="checkbox"/> Foods and beverages sold outside the school meal programs will meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day (midnight to thirty minutes after the end of the school day). This applies to foods sold:			
<input type="checkbox"/> A la carte	100		
<input type="checkbox"/> In student stores	85		
<input type="checkbox"/> In vending machines	100		

DISTRICT POLICY: CELEBRATIONS AND REWARDS (FOOD SERVED TO STUDENTS) <i>All celebration and rewards will meet Arizona Nutrition Standards.</i> <i>Arizona Law (ARS 15-242) referred to as Arizona Nutrition Standards states that all food and beverages supplied at school sponsored events to students in grades K-8 must meet the USDA's Smart Snacks in Schools guidelines. The USDA's Smart Snacks in Schools and Arizona Nutrition Standards guidelines do not apply to foods brought to school in bagged lunches or for activities such as birthday parties, holidays, or other celebrations.</i>	2018-2019	2019-2020	2020-2021
	% of schools in compliance	% of schools in compliance	% of schools in compliance
<input type="checkbox"/> Foods served to students in grades K-8 meet (or exceed) the USDA Smart Snacks in School nutrition standards, per the Arizona Nutrition Standards (ARS 15-242) .	75		

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<input type="checkbox"/> Foods served to students during classroom celebrations and parties (holidays and birthdays) meet (or exceed) the USDA Smart Snacks in School nutrition standards, per the Arizona Nutrition Standards (ARS 15-242).	100		
<input type="checkbox"/> Parents and teachers receive a list of healthy party ideas, including non-food celebration ideas, and items that meet USDA Smart Snack nutrition standards.	50		
<input type="checkbox"/> Food and beverage is not used as a reward.	50		
<input type="checkbox"/> Teachers and other school staff receive a list of alternative ways to reward students.	0		

DISTRICT POLICY: FUNDRAISING	2018-2019	2019-2020	2020-2021
<i>All district fundraising will meet Smart Snack regulations.</i>			
<i>In Arizona, all fundraisers are exempted from the Smart Snacks guidelines when an exemption request form is submitted, per HNS 04-2015. However, regulations state that no exempted fundraiser foods or beverages may be sold in competition with school meals in the food service area during the meal service. Additionally, LEAs have the authority to implement more restrictive fundraising food standards.</i>	% of schools in compliance	% of schools in compliance	% of schools in compliance
<input type="checkbox"/> The district allows infrequent, exempt fundraisers, where food sold on campus during the school day does not meet Smart Snacks guidelines and submits the exemption request form to ADE for all food-related fundraisers intended for consumption on school campus during the school day that do not meet the Smart Snacks guidelines.	100		
<input type="checkbox"/> The district fundraising policy is distributed to all schools.	100		
<input type="checkbox"/> The district fundraising policy is distributed to all parents/guardians.	100		

DISTRICT POLICY: FOOD AND BEVERAGE MARKETING	2018-2019	2019-2020	2020-2021
<i>Marketing of food and beverages during the school day will include only items that encourage healthy, nutritious choices</i>	% of schools in compliance	% of schools in compliance	% of schools in compliance
<input type="checkbox"/> All foods and beverages advertised on the school campus during the school day meet or exceed the USDA Smart Snacks in School nutrition guidelines. These guidelines apply to (Check all that apply)			
<input type="checkbox"/> Vending machine exteriors	100		
<input type="checkbox"/> School equipment such as marquees, message boards, scoreboards, busses etc.	100		
<input type="checkbox"/> Cups used for beverage dispensing, menu boards, coolers, trash cans, and other food service equipment	100		
<input type="checkbox"/> Advertisements in school publications or mailings	100		
<input type="checkbox"/> As the district, school nutrition services, athletic director, PTO/PTA reviews existing contracts and considers new contracts, equipment and purchasing, decisions reflect applicable marketing guidelines established by the LWP.	25		

III. DISTRICT WELLNESS COMMITTEE

COMMITTEE ROLE AND MEMBERSHIP <i>The district will notify the public of their ability to participate in the LWP process.</i>	2018-2019		2019-2020		2020-2021	
	YES	NO	YES	NO	YES	NO
<input type="checkbox"/> District convenes a representative district wellness committee (DWC).	X					
<input type="checkbox"/> District Wellness Committee meets 3 times per year.	X					
<input type="checkbox"/> The public is notified of their ability to participate in the district wellness committee through emails to parents, emails to principals and notices on district website.	X					
<input type="checkbox"/> DWC actively recruits representation from:						
<input type="checkbox"/> All school levels (elementary and high school)	X					
<input type="checkbox"/> Parents/Caregivers	X					
<input type="checkbox"/> Students		X				
<input type="checkbox"/> Representative from School Nutrition Programs	X					
<input type="checkbox"/> Physical education teacher	X					
<input type="checkbox"/> School health professionals (nurses)	X					
<input type="checkbox"/> Mental health and social services staff (counselors, psychologists, social workers)		X				
<input type="checkbox"/> Administrators	X					
<input type="checkbox"/> School board members	X					
<input type="checkbox"/> Health professionals (dietitians, doctors, nurses)	X					
<input type="checkbox"/> Cafeteria Managers or Employees	X					
<input type="checkbox"/> Before and After School Program Leads	X					
<input type="checkbox"/> DWC has representation from:						
<input type="checkbox"/> All school levels (elementary and high)	X					
<input type="checkbox"/> Parents/Caregivers	X					
<input type="checkbox"/> Students		X				
<input type="checkbox"/> Representative from School Nutrition Programs	X					
<input type="checkbox"/> Physical education teacher	X					
<input type="checkbox"/> School health professionals (nurses)	X					
<input type="checkbox"/> Mental health and social services staff (counselors, psychologists, social workers)		X				
<input type="checkbox"/> Administrators	X					

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<input type="checkbox"/> School board members	X					
<input type="checkbox"/> Health professionals (dietitians, doctors, nurses)	X					
<input type="checkbox"/> Cafeteria Managers or Employees	X					
<input type="checkbox"/> Before and After School Program Leads	X					
<input type="checkbox"/> DWC includes representation from community partners						
<input type="checkbox"/> City of Peoria Family and Youth Program Representative	X					
<input type="checkbox"/> Maricopa County Health Services	X					
<input type="checkbox"/> Each school within the district has an on-going school wellness committee (School Health Advisory Committee- SHAC) to review school-level, health related issues in coordination with the DWC.		X				

LEADERSHIP <i>The district must designate one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the local wellness policy. This may or may not be the same person responsible for bringing the wellness committee together and planning the meetings.</i>	2018-2019		2019-2020		2020-2021	
	YES	NO	YES	NO	YES	NO
<input type="checkbox"/> There is a person designated to convene the DWC and facilitate development of and updates to the wellness policy. <input type="checkbox"/> Designee is the Food and Nutrition Director	X					
<input type="checkbox"/> There is a district-level official designated to <i>ensure all schools' compliance</i> with the policy. <input type="checkbox"/> Designee is Food and Nutrition Director	X					
<input type="checkbox"/> Each school has designated a wellness policy coordinator who will ensure compliance with the policy at the school level. <input type="checkbox"/> Position/Title of the designees is the Principal or PE teacher		X				

IV. IMPLEMENTATION, MONITORING, ACCOUNTABILITY AND NOTIFICATION

IMPLEMENTATION PLAN <i>Goals and policies are communicated to all schools for implementation through actions appropriate by school.</i>	2018-2019		2019-2020		2020-2021	
	YES	NO	YES	NO	YES	NO
<input type="checkbox"/> Schools conducted a school-level assessment using an assessment tool provided by the District Wellness Committee to develop an implementation plan to meet wellness goals.		X				

TRIENNIAL PROGRESS ASSESSMENTS <i>At least once every three years, the District must assess compliance with their wellness policy and assess progress toward meeting the goals of the wellness policy.</i>	2018-2019		2019-2020		2020-2021	
	YES	NO	YES	NO	YES	NO
<input type="checkbox"/> At least once every three years, the district evaluates compliance with the wellness policy.		X				

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The evaluation includes:						
<input type="checkbox"/> The extent to which schools under the jurisdiction of the district are in compliance with the wellness policy.		X				
<input type="checkbox"/> The extent to which the district's policy compares to a model policy		X				
<input type="checkbox"/> A description of the progress made in attaining the goals of the district's wellness policy.		X				
<input type="checkbox"/> The district designated a person responsible for managing the triennial assessment: This designee is the Food and Nutrition Director.	X					

REVISIONS AND UPDATING THE POLICY <i>LEAs are required to update or modify the wellness policy as appropriate.</i>	2018-2019		2019-2020		2020-2021	
	YES	NO	YES	NO	YES	NO
<input type="checkbox"/> Policy is updated when appropriate, including if district priorities and needs change or regulations change.		X				

NOTIFICATION OF WELLNESS POLICY, POLICY UPDATES AND TRIENNIAL ASSESSMENT <i>LEAs must make available to the public (1) at all times the wellness policy (2) on an annual basis, at minimum, any updates to and about the wellness policy, and (3) the Triennial Assessment which includes progress toward meeting their wellness goals and compliance with the written policy over a three year period.</i>	2018-2019		2019-2020		2020-2021	
	YES	NO	YES	NO	YES	NO
<input type="checkbox"/> The public has access to the LWP at all times at https://www.peoriaunified.org/Page/3947	X					
<input type="checkbox"/> District informs families and the public each year of basic information about the policy, including its content, updates, and implementation status. Best practice is to include last revision date on LWP by including a link in an email that goes home to all families each Saturday and notification on the parent newsletter for free and reduced meal applications.	X					
<input type="checkbox"/> The district actively notifies households of the availability of the triennial progress report at https://www.peoriaunified.org/Page/3947	X					

RECORDKEEPING <i>The district retains the following documents to demonstrate compliance with the wellness policy.</i>	2018-2019		2019-2020		2020-2021	
	YES	NO	YES	NO	YES	NO
Documentation kept on file includes:						
<input type="checkbox"/> Written wellness policy	X					
<input type="checkbox"/> Documentation demonstrating it has been made available to the public	X					

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<input type="checkbox"/> Documentation of efforts to review and update the policy, including indication of who is involved in the update and the methods the district uses to make stakeholders aware of their ability to participate	X					
<input type="checkbox"/> Documentation to demonstrate compliance with the annual public notification requirements	X					
<input type="checkbox"/> The most recent assessment on implementation of the school wellness policy	X					
<input type="checkbox"/> Documentation demonstrating the most recent assessment on the implementation of the policy has been made available to the public.	X					